



March & April

Mason County Extension-Horticulture



Note from the Agent

As quickly as Christmas has come and gone, spring will be here shortly. We have some great programs coming up and our plant sale.

Make sure to follow us on Facebook:
"Mason County Extension Horticulture."

Macy Fawns

Macy Fawns
Horticulture agent



Plant of the Month



Tulips are typically planted in the fall and start blooming in March. There are 150 species with over 3000 varieties, and they are a part of the lily family. Blooms usually last 3-7 days and have one flower per stem. However, some varieties can have four flowers on one stem.



In this Edition

Gardening Publication
Timely Tips
Plant order
Up Coming Events
Recipe





Home vegetable gardening publication is a must have
Source: Jamie Dockery, UK extension horticulture agent

Each spring, we get a lot of questions about gardening and growing vegetables. One of the first places we direct people to is the University of Kentucky Cooperative Extension Service's ID-128, Home Vegetable Gardening in Kentucky. Some people refer to this publication as the Bible for home vegetable gardening in this state because it provides educational foundation for successful gardening in Kentucky.

Home Vegetable Gardening in Kentucky is available in all county extension offices. It is also available online and can be downloaded to any device. The 50-page book has information to benefit new and seasoned gardeners. The publication walks you through plant selection, soil preparation, site selection, crop rotation, crops, planting dates, diseases, pests and their treatment options for organic and conventional operations. You can also find information on gardening small spaces, intensive gardening, container gardening and how to extend the growing season.

The booklet covers the ins and outs of caring for your vegetables during the growing season and how to store your vegetables after harvest.

Home Vegetable Gardening in Kentucky and is available online at
<http://www2.ca.uky.edu/agcomm/pubs>.



MARCH & APRIL TIMLEY TIPS



FLOWERS

What should be pruned in March:

- Roses, Summer/Fall flowering shrubs (Crape Myrtles should wait until April)
- Burning Bush/Privet/Hedges, Boxwood, Holly, Taxus, Laurel & all other evergreens (March-July)

VEGETABLES

- Cool-season plants can be planted such as cabbage, kale, lettuce, onions, peas, etc.
- Start seeds indoors for tomato, eggplant, pepper, and watermelon.
- Garden soil should not be worked when wet.



FRUIT

- Prune fruit trees in Feb-March. Peach trees are sensitive and should wait to prune until harsh weather is over.
- Prepare a spray schedule for your fruit as spraying on time is very important for disease and insect control.



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MASON COUNTY EXTENSION OFFICE

2023 PLANT ORDER

All plant orders due March 3rd

NAME: _____

ADDRESS: _____

TELEPHONE: _____

EMAIL: _____

QUANTITY	ITEM	UNIT PRICE	TOTAL
____BUNDLES	SEASCAPE STRAWBERRIES	\$7/BUNDLE OF 25 PLANTS	_____
____BUNDLES	EARLIGLOW STRAWBERRIES	\$7/BUNDLE OF 25 PLANTS	_____
____BUNDLES	FLAVORFEST STRAWBERRIES	\$7/BUNDLE OF 25 PLANTS	_____
____PLANTS	BLACK RASPBERRY JEWEL	\$5 PER PLANT	_____

** IF ORDERING BLUEBERRIES, IT IS RECOMMENDED TO PURCHASE TWO DIFFERENT VARIETIES FOR POLLINATION**

_____	CHANDLER BLUEBERRY	\$12 PER PLANT	_____
_____	DUKE BLUEBERRY	\$12 PER PLANT	_____
_____	ASPARAGUS JERSEY KNIGHT	\$2 PER CROWN	_____
_____	BLACKBERRY TRIPLE CROWN	\$12 PER PLANT	_____

FOR OFFICE USE ONLY

PAYMENT INFORMATION:

AMOUNT PAID _____

DATE: _____

RECEIVED BY: _____

CHECK NO: _____ OR CASH _____

ORDER TOTAL _____

WE WILL CONTACT YOU WHEN ORDERS ARE READY FOR PICK-UP.

IF YOU HAVE ANY QUESTIONS, CALL (606) 564-6808



BUFFALO TRACE COUNTIES PRESENTS:

APPLE TREE GRAFTING/PRUNING WORKSHOP

MARCH 4, 2023

8:30AM - 2PM @ FLEMING COUNTY EXTENSION OFFICE
1334 ELIZAVILLE RD., FLEMINGSBURG, KY

TOPICS:

- GRAFTING & APPLE VARIETIES
- DISEASE & INSECT MANAGEMENT
- PRUNING: HANDS-ON DEMO

@ORCHARD



\$10 REGISTRATION FEE
PLEASE REGISTER BY: MARCH 1ST

CONTACT YOUR LOCAL OFFICE TO REGISTER:

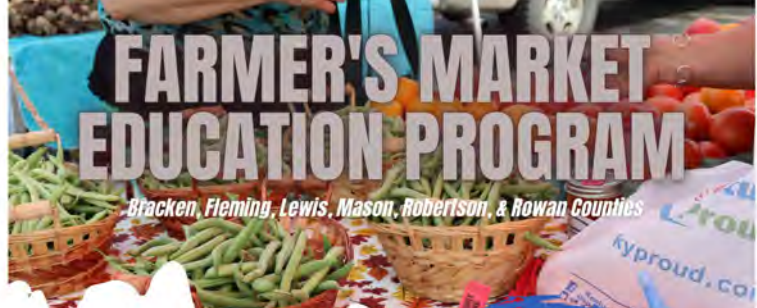
- BRACKEN COUNTY: (606) 735-2141
- FLEMING COUNTY: (606) 845-4641
- LEWIS COUNTY: (606) 796-2732
- MASON COUNTY: (606) 564-6808
- ROBERTSON COUNTY: (606) 724-5796

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4-H Youth Development
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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



FARMER'S MARKET EDUCATION PROGRAM

Bracken, Fleming, Lewis, Mason, Robertson, & Rowan Counties

**6:00PM VIA ZOOM OR
WATCH PARTY**

****Check local office to verify watch party option****

- FEBRUARY 16: SOCIAL MEDIA & BASICS OF USING CANVA **AT FLEMING CO. EXT. OFFICE ONLY**
- MARCH 9: PRODUCE BEST PRACTICES TRAINING
- MARCH 23: TAXES & RECORD KEEPING
- APRIL 6: WHAT'S BUGGING MY GARDEN?
- APRIL 20: SENIOR/WIC PROGRAM TRAINING



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CALL TO REGISTER OR
USE QR CODE:

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- FLEMING COUNTY: (606) 845-4641
- LEWIS COUNTY: (606) 796-2732
- MASON COUNTY: (606) 564-6808
- ROBERTSON CO.: (606) 724-5796
- ROWAN COUNTY: (606) 784-5457



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PRESENTED BY THE BUFFALO TRACE COOPERATIVE EXTENSION SERVICE COUNTIES

REGISTER BY: FEBRUARY 17

FARM MANAGEMENT STRATEGIES FOR IMPROVED DECISION MAKING

CAIP ELIGIBLE

MONDAY, FEBRUARY 20, 2023
6:00PM
FLEMING CO. EXTENSION OFFICE

MEAL & REGISTRATION WILL BEGIN AT 5:30PM



USE QR CODE OR CALL (606) 564-6808 TO REGISTER

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The Monarch

Learn all about this beautiful butterfly, including their migration, host plants, pollinator gardens and why Monarchs need our help!



Kentucky Extension
Master Gardener

Call today to register for this FREE presentation!

Thursday, March 9

Presentation begins at noon

Mason County Cooperative Extension Office

600 US 68, Maysville KY

606-564-6808

COOPERATIVE EXTENSION



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WORKFORCE SOLUTIONS

CUSTOMIZED EMPLOYEE TRAINING

Save The Date...
Farm & Family Night
Coming March 7th



Tickets After Feb. 3rd.
Questions.... Call 606.759.7141 ext. 66120

Maysville Community & Technical College Workforce Solutions
1755 US Hwy 68, Maysville, KY 41056
606.759.7141 ext. 66120





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GROWING STRAWBERRIES

APRIL 18TH AT 12:00 PM

LEARN HOW TO GROW STRAWBERRIES
LUNCH & LEARN, TRY NEW RECIPES
RECEIVE FREE PLANTS!

CALL 564-6808 TO SIGN-UP
(LIMITED SPACE)

Mason County Extension Office
800 US Highway 68 Maysville, KY

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BEEKEEPING 101

March 15th at 6:00 PM
Mason County Extension office
800 US High 68
Maysville, KY



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Seed Library

Stop by the Mason CO Extension
office for FREE seeds!



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March 13 - April 13th

M-F 8:00-4:30, Closed 12:00-1:00
(While supplies last)

Scale Check

April 12th

Bring your scale into the Mason Co Extension office By
April 11th.

KY Dept of Ag will check scales and certify those eligible.



Butternut Squash Health Bars

¾ cup all-purpose flour	¼ teaspoon salt	½ cup unsalted butter, softened
¾ cup whole-wheat flour	1½ cups cubed butternut squash	1 cup light brown sugar
1½ cups old fashioned oats	2 teaspoons pumpkin pie spice	¾ cup semi-sweet chocolate chips
½ cup sliced almonds		
1 teaspoon baking soda		

Preheat oven to 425 degrees F. Lightly **spray** a 13-by-9-inch baking dish with non-stick spray. In a medium bowl **combine** flours, old fashioned oats, sliced almonds, baking soda and salt. **Set** aside. **Place** squash cubes in a medium saucepan and **cover** with water. **Boil** squash for 20 minutes, or until tender. **Remove** from heat, **drain** and **puree** in a food processor. In a small bowl, **mix** the pureed squash and the pumpkin pie spice. In a large bowl, use a hand mixer to **beat** the butter and brown sugar until creamy. **Add** squash mixture and **blend** with the mixer. **Add** the dry ingredients to the squash

mixture and continue to **beat** until fully blended. **Spread** mixture into prepared baking dish. **Bake** for 20-25 minutes or until the top is a light golden brown. Allow to **cool** and **cut** into bars. **Melt** the chocolate chips by placing them in a microwave-safe container. **Microwave** on low power for 30 second increments until smooth, **stirring** often. **Drizzle** chocolate over top of bars.

Yield: 20 servings

Nutritional Analysis: 190 calories, 8 g fat, 4 g saturated fat, 10 mg cholesterol, 95 mg sodium, 28 g carbohydrate, 2 g fiber, 15 g sugar, 3 g protein.



Kentucky Winter Squash

SEASON: August through October.

NUTRITION FACTS: Winter squash, which includes acorn squash, butternut squash, pumpkin, and other varieties, is low in fat and sodium and an excellent source of vitamin A and fiber.

SELECTION: Winter squash should be heavy for its size with a hard, tough rind that is free of blemishes or soft spots.

STORAGE: Store it in a cool, dry place and use it within 1 month.

PREPARATION:

To steam: Wash, peel, and remove seeds. Cut squash into 2-inch cubes or quarter, leaving rind on (it will remove easily after cooking). Bring 1 inch of water to a boil in a saucepan and place squash on a rack or basket in the pan. Do not immerse it in water. Cover the pan tightly and

steam the squash 30-40 minutes or until tender.

To microwave: Wash squash and cut it lengthwise. Place it in a baking dish and cover the dish with plastic wrap. Microwave until tender, using these guidelines:

- **Acorn squash:** ½ squash, 5-8 minutes; 1 squash, 8½-11½ minutes.
- **Butternut squash:** 2 pieces, 3-4½ minutes.
- **Hubbard squash:** (½-pound pieces) 2 pieces, 4-6½ minutes.

To bake: Wash squash and cut it lengthwise. Smaller squash can be cut in half; larger squash should be cut into portions. Remove seeds and place squash in a baking dish. Bake at 400 degrees F for 1 hour or until tender. Seeds can be toasted at 350 degrees F for 20 minutes.

KENTUCKY WINTER SQUASH

Kentucky Proud Project

County Extension Agents for Family and Consumer Sciences

University of Kentucky, Dietetics and Human Nutrition students

November 2017

Source: www.fruitsandveggiesmatter.gov

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers market, or roadside stand. <http://plateitup.ca.uky.edu>



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