



MARCH 2023

# MASON COUNTY 4-H YOUTH DEVELOPMENT

## E-Newsletter



### What's Inside:

- CLUB UPDATES
- 4-H CAMP
- 4-H SCHOLARSHIP

**Hello everyone,**

**This month's newsletter contains information on the upcoming clubs and programs available with Mason Co 4-H. If you have any questions, thoughts, or ideas feel free to contact me. Sincerely,**

**Trever Cole**

**Mason Co. 4-H Youth Development**

**P:(606)564-6808**

**C:(606)375-9506**



# Livestock Club Updates

## Upcoming events-

- Club meeting at 10:00am March 4th at the Extension Office
- Farm and Family Night at MCTC

## Tagging Process-

This year validation tags and packets will be ordered directly from the Kentucky State Fair office by youth/families. Youth/families will be responsible for completing the tagging/packets on their own and sending the information back to the State Fair office. Important dates included below.

## Hours-

If you have any questions regarding livestock project hours feel free to contact me

Enrollment Forms will be available at all of the club meetings and at the Extension Office





# Club Meeting Updates

## **General**

**The Projects club will meet March 13th at the Extension Office at 5:30pm**

## **4-H Club-**

## **Cloverbuds-**

**Cloverbuds will meet March 13 at the Extension Office at 5:30pm**

## **Shooting Sports-**

**Mason County is looking for Adults interested in Coaching shooting sports in order to offer it. If interested please contact Mason County Extension Office.**

**Enrollment Forms will be available at all of the club meetings and at the Extension Office**





## LIVESTOCK VALIDATION IMPORTANT DATES

### FEBRURARY

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- February 1, 2023- Market Cattle Tag Order form opens

### MARCH

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- March 3, 2023 – Market Cattle Co- Tagging request deadline
  - This only applies to exhibitors who are NOT siblings and are completing the Co-Tagging Waiver Form
- March 10, 2023 – Market Cattle Tag Order Deadline
- March 24, 2023 – Market Cattle Validation Form Deadline
- March 24, 2023 – Market Cattle DNA envelopes must be in- hand of the Kentucky State Fair by end of business day 3/24/2023 OR postmarked 3/24/2023. **NO EXCEPTIONS.**

### APRIL

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- April 1, 2023 – Market Lamb, Goat, Hog Tag Order Form Opens

### MAY

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- May 5, 2023 – Market Lamb, Goat, Hog Co-Tagging request deadline
  - This only applies to exhibitors who are NOT siblings and are completing the Co-Tagging Waiver Form
- May 12, 2023 – Market Lamb, Goat, Hog Tag Order Deadline
- May 24, 2023 – Market Lamb, Goat, Hog Validation Form Deadline
- May 24, 2023 – Market Lamb, Goat, Hog DNA Envelopes must be in-hand of Kentucky State Fair by end of business day 5/24/2023 OR postmarked by 5/24/2023. **NO EXCEPTIONS**





# YAIP

## Youth Agricultural Incentives Program

Application Window

**March 1, 2023 – March 21, 2023**

**Applications are available at:**

Mason County Extension Office

Mason County Conservation Office

<https://mason.ca.uky.edu/anr>

## APPLICATIONS DUE

Must be completed and returned to either Mason County Extension Office or Mason County Conservation office by close of business March 21, 2023.



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service

Agriculture and Natural Resources

### MASON COUNTY EXTENSION OFFICE

800 US HWY 68  
Maysville, KY 41056  
606-564-6808



### MASON COUNTY CONSERVATION

1925 Old Main Street  
Maysville, KY 41056  
606-759-5570 Ext. 3





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COOPERATIVE EXTENSION

**UK** University of  
Kentucky  
College of Agriculture,  
Food and Environment



**Lewis - Mason - Robertson - Pendleton - Bracken**

**4-H Summer Camp 2023**

**June 12 - June 16**



**Cost: \$59 per camper**  
**\$25 deposit to hold spot**

**Applications available at the Mason Co. Extension Office  
call (606)564-6808 for more info**

**Cooperative Extension Service**  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.  
LEXINGTON, KY 40546



Disabilities  
accommodated  
with prior notification.





become a

# SAFESITTER

**Safe Sitter® Essentials is a 1-day class designed to prepare students grades 6 - 8 to be safe when they're home alone, watching younger siblings, or babysitting.**

**The instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like what to do when someone is choking!**



## SAFETY SKILLS

Students learn how to prevent unsafe situations and what to do when faced with dangers such as power failures or weather emergencies



## LIFE & BUSINESS SKILLS

The ability to screen jobs, discuss fees, and greet employers will set students up for success now and in the future. Students practice these skills through various role-plays.



## FIRST AID & RESCUE SKILLS

Being able to respond to injuries and sudden illnesses is important no matter your age! Make sure your student knows what to do in an emergency.



## CHILD-CARE SKILLS

Students learn tips to manage behavior that will help them stay in control of the children in their care. Students also learn the ages and stages of child development and practice diapering.

**Mason County Extension Office**

**Thursday April 6th, 2023**

**9:30 am to 3:30 pm**

**Call (606) 564-6808 to sign-up.**

**\$22 fee (per student)**

**The last day to register will be Friday, March 31st at 4:30**

COOPERATIVE EXTENSION



SAFESITTER



Cooperative Extension Service  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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LEXINGTON, KY 40546



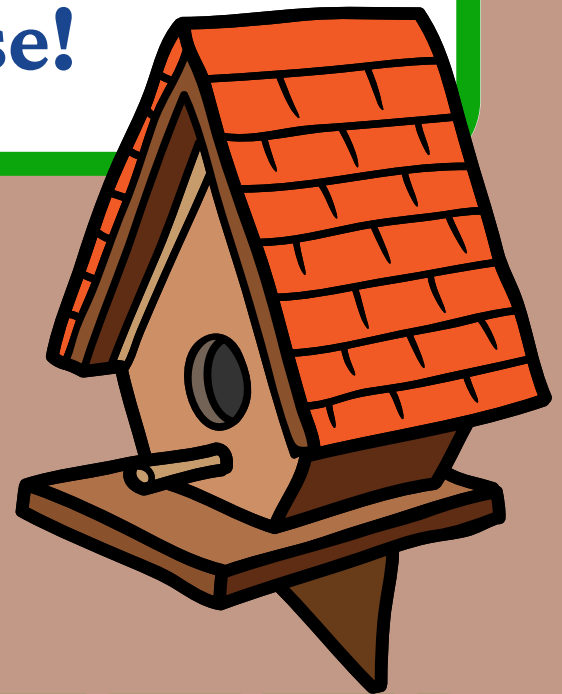
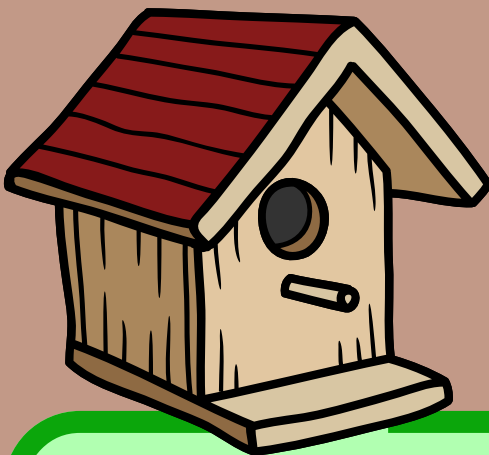
Disabilities  
accommodated  
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# *Bird House Kits*



**Come join us on April 4th at  
1:00pm to build and paint a  
bird house!**



**Please call (606)564-6808 to reserve your spot  
by March 31st to ensure enough kits are  
available!**





"MAKING THE BEST BETTER!"

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# MASON COUNTY 4-H COUNCIL SCHOLARSHIP

4-H Council will be awarding (1) one-time scholarship of \$500. Applications will be available at the Mason County Extension Office and online beginning March 1st.

If you have any questions feel free to contact the Extension office at :(606)564-6808



# Recent Programs

## Middle School Clubs

In February, the 7th grade club learned about wildlife in Kentucky playing jeopardy and seeing casts of animal prints as well as pelts.

The 8th grade clubs dissected owl pellets while learning about barn owls and how the owl pellets are made



## 6th Grade

This month some of the 6th grade classes learned about earthworms and decomposition making dirt cake for a snack





# Carrot Cake Smoothie

Servings: 2 Serving Size: 1.5 cups



## Ingredients:

- 1 medium frozen ripe banana
- 2 medium carrots, chopped
- 1/2 cup canned-in-juice pineapple tidbits, drained
- 1/4 cup low-fat vanilla yogurt
- 1/2 cup nonfat milk
- 4-5 ice cubes
- Dash cinnamon (optional)
- 1/2 teaspoon vanilla extract (optional)

## Directions:

1. **Wash** hands with soap and warm water, **scrubbing** for at least 20 seconds.
2. **Rinse** carrots under cool running water and **scrub** with a clean vegetable brush to remove any dirt before chopping.
3. **Add** banana, carrot, pineapple, yogurt, milk, ice, and cinnamon and vanilla (if using) to a blender, and **blend** until smooth. If needed, **add** more milk to encourage blending.
4. **Refrigerate** leftovers.

**Source:** Plate It Up Kentucky Proud Project

160 calories, 1g total fat, 0g saturated fat, 5mg cholesterol, 90mg sodium, 36g total carbohydrate, 4g fiber, 26g total sugars, 2g added sugars, 5g protein; 6% DV vitamin D; 10% DV calcium; 6% DV iron, 15% DV potassium